

Cost-of-living adjustment for most retired members

In 2009, the Consumer Price Index (CPI) for the San Diego area decreased by 0.02% from the previous year. This decrease in the CPI is rounded to the nearest one-half percent, which is 0.00%. Retired members will receive cost-of-living adjustments (COLA) based on the amount accumulated in their COLA banks:

Retirement Date	COLA Increase Effective 4/1/2010
On or before 3/31/2003	3%
4/1/2003 through 3/31/2004	2.58%
4/1/2004 through 3/31/2005	1.84%
4/1/2005 through 3/31/2006	1.19%
4/1/2006 through 3/31/2007	1.02%
4/1/2007 through 3/31/2008	0.62%
4/1/2008 through 3/31/2009	0.83%
4/1/2009 through 3/31/2010	0.00%

All members' COLA banks will be reduced by the CPI change of -0.02% . Members will receive a COLA increase up to the remainder in their bank, but no greater than the maximum 3%. Members who retired on or before March 31, 2003, will receive the maximum increase because their COLA banks have accumulated more than 3%.

Visit the [COLA page](#) for more information about the COLA.